

Minnesota Directory for Supervision & Treatment of Sex Offenders

2013

Compiled By Members of The Minnesota Network
and The Adult Justice Committee of
The Minnesota Corrections Association.

Updated 8/28/2013

NOTE: This directory is based on responses to a survey. Because not all resources surveyed responded, THIS DIRECTORY IS NOT A COMPLETE LIST of all resources in Minnesota. The directory is currently in the process of being updated.

Please contact Tom Thompson at 651-266-7667 with additional information or corrections for the next edition. You can access this directory on-line at
http://www.maccac.org/Offender_Programs/Sex_Offender/MN_Sex_Offender_Net.htm

MCA and the MN NETWORK assume no responsibility for the content of this directory nor do we endorse any particular agencies or programs.

Dear Colleague:

Members of the MCA-Adult Justice Committee in collaboration with the Minnesota NETWORK for the Supervision and Treatment of Sex Offenders has compiled a directory of sex offender supervision and treatment providers. The purpose of this directory is to assist probation officers, case managers and treatment providers in making referrals to appropriate agencies for the treatment of sex offenders. It should be noted that this directory contains information submitted to us and is not an all-inclusive directory of agencies within the State of Minnesota.

MCA and the MN NETWORK assume no responsibility for the content of this directory nor do we endorse any particular agencies or programs. Please feel free to use this information and make any changes or additions to serve your particular purpose.

We encourage you to submit additional program or agency descriptions for future inclusion in this directory. To do this you may contact Tom Thompson, NETWORK, at 651-266-7667. It is requested that the information included follow the same format that we have used in the current directory. We have tried to limit each resource to one page in length. We have offered this directory to be distributed through the district supervisors or through MCA and NETWORK meetings.

We hope you find this resource helpful.

MN Corrections Association
MN NETWORK
Adult Justice Committee

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ADULT Offender Treatment Programs

ABC MENTAL HEALTH THERAPY

ADDRESS: 1077 Payne Ave St. Paul, MN 55130

PHONE: Office: (651)644-2600 Cell: (651) 815-5145

FAX: (651) 644-2888

E-MAIL: ABCMHT@Hotmail.com

CONTACT: Dane Jorento, MSW, LICSW

PROGRAM DESCRIPTION:

ABC Mental Health Therapy is a private, non-profit agency providing individual, couple, family, and day treatment therapeutic services.

Onward Day Treatment provides intensive mental health therapy for special needs adults who have engaged in inappropriate sexual behaviors. Onward works closely with probation officers and other social service or community agencies.

Onward incorporates correctional and mental health perspectives and interventions.

The correctional perspective places community safety first, and focuses on specific behavior modifications and interventions to build support and to reduce risks.

The mental health therapy incorporates DBT (an impulse control intervention), with a focus on 1) breaking the offense cycle, 2) reducing symptoms of mental illness, and 3) building healthy and appropriate interpersonal skills.

Client Population receiving services:

- **Ages** 18 and over
- **Below Average Intelligence and/or have a learning disability**
- **DSM diagnosis of mental illness or behavioral disorder on Axis I &/or II**
- **Determined to be appropriate for community based day treatment**

COST:

ABCMHT provides fee based services, accepting Medical Assistance and is in the process of credentialing for most private insurances.

FEES:

Group Therapy \$40 hour Individual/Couple/Family therapy \$125

ALPHA HUMAN SERVICES, INC.

ADDRESS: 2712 Fremont Ave. So.(inpatient) 1516 W. Lake St.(outpatient)
Minneapolis, MN 55408 Minneapolis, MN 55408

PHONE: (612) 872-8218 (612) 873-3707

FAX: (612) 874-8885 (612) 822-1360

CONTACT: Douglas Williams, M.S., L.P. For referrals call (612) 823-3707

PROGRAM DESCRIPTIONS:

Inpatient services address the issues of convicted adult male sex offenders who are at high risk for reoffending, have previous treatment failures, or have multiple psychological problems. Programming incorporates an eclectic orientation that encompasses cognitive, behavioral, and affective techniques that current sex offender research suggests is effective. The primary modality for the delivery of services is group therapy, however, individual and family therapy is also provided. The program offers three tracts: a 60-day intensive psychological evaluation, a 120-day intervention placement followed by a return to outpatient treatment, and the traditional placement of 24 month or longer with 13 months or more inpatient followed by 12 months or more in the community living phase.

Outpatient services are delivered for adult male sex offenders through the following:

- Psychosexual education—nine classes. This is not considered a substitute for traditional therapy. Curriculum includes reproductive anatomy, sexually transmitted diseases, birth control, sexuality for life, touch and boundaries, intimacy and love, sexual behaviors, appropriate and abusive sexuality, impact of abuse on victims, shame and guilt, stress management, chemical abuse, defense mechanisms, denial as a defense, types of sex offenders, sexual self-stimulation, and problem prevention. Offered periodically.
- Statutory offenders (young adults engaging in consensual sex with older teens)—12 months.
- Traditional sex offender treatment is a combination of weekly group and monthly individual sessions; length of treatment depends on rate at which offender completes homework and participates in group, as well as number of additional personal issues. Average length of treatment is 18-20 months, plus monthly aftercare for one year.
- Psychosexual evaluation—adults and adolescents.
- Plethysmograph assessment—available by referral.
- Treatment services for female offenders.

COST:

Inpatient: \$80.00 per diem + room & board (\$35); plus taxes when applicable

Outpatient: Generally \$400-450 per month + polygraph and miscellaneous charges.

Group rates: \$68 or \$73.50 plus tax depending on the degree of the provider

Individual rates: \$99 or \$117 plus tax depending on degree of provider

Plethysmograph Assessment: \$426 plus tax

Abel Screen: \$299.50 plus tax

Adult evaluation: \$1026.00 + tax

Psychoeducation Class: \$918 plus tax

ALPHA HUMAN SERVICES, INC. PHASE

ADDRESS: 2712 Fremont Ave. S. Satellite Offices: Eagan
Minneapolis, MN 55408

PHONE: Business Office: (612) 872-8218
Contact for referrals: (612) 823-3707

FAX: Business Office: (612) 874-8885
Clinical: (612) 822-1360

CONTACT: Douglas Williams, M.S., L.P.

PROGRAM DESCRIPTION:

PHASE is an outpatient treatment program for adolescents who have engaged in sexual perpetration or inappropriate sexual acts. The program consists of weekly group sessions (two hours in length) and weekly individual or family therapy sessions. PHASE uses a cognitive/behavioral therapeutic approach. The treatment mode consists of phases of therapy. Each phase includes program and individualized goals which clients are required to complete, with clients progressing at their own rate. It is estimated that clients complete the program in about 12 to 14 months. Clients are typically referred by court and social service agencies. Adolescent services are in Eagan. Evaluations are conducted in the Minneapolis office.

Clients complete an initial six-week-long educational assessment phase of treatment which includes laws governing sexual behavior, boundaries, and healthy and unhealthy sexual practices. Prior to the conclusion of the educational phase, clients take a polygraph examination to verify full disclosure regarding their sexual offenses and histories. A determination of further clinical needs is then offered by the staff. Clients may enter the educational phase of the program while denying or severely minimizing their offenses, however, they must admit to a sexual offense to progress further. Clients may be referred to attend only the psychoeducational portion of treatment.

PHASE staff conducts psychosexual evaluations to determine the treatment needs of a client and to determine the most appropriate treatment milieu which allows for community safety and individual needs. For referrals who have completed a psychosexual evaluation prior to being referred to PHASE, a two-hour program assessment is required at the time of intake.

COST:

Psychosexual evaluation: \$893.50 plus tax

Group session: \$79.50 plus tax

Individual family session: \$117.50 plus tax

Insurance may cover a portion of service costs.

ANOKA COUNTY COMMUNITY CORRECTIONS

ADDRESS: 325 E. Main St., Anoka, MN 55303

PHONE: 763-712-2900

FAX: 763-719-2901

CONTACT: David Gerjets, Supervisor Specialized Sexual Offender Unit, 763-712-2208

SEX OFFENDER SUPERVISION: ANOKA COUNTY

Corrections developed a specialized adult sex offender unit in October 2000. The unit is primarily funded through an enhanced sex supervision grant from the Minnesota Department of Corrections. All sex offender probation officers receive ongoing specialized training on community supervision and treatment of sexual offenders. Probation officers work collaboratively with law enforcement, social workers, treatment providers, polygraph examiners and mental health professionals in the management of these offenders.

The unit supervises both sex offenders on probation and supervised release from prison. All offenders are closely monitored in the community and often seen at their homes or places of employment. The unit is currently staffed by 5 full time Probation Officers. As of 12/31/08 the unit supervised 250 offenders. This does not include those offenders supervised by the I.S.R. agents who are within a separate unit. In addition to office visits with offenders, the Specialized Sexual Offender Unit completed 1559 Field Visits with offenders in 2008.

Surveillance officers are also employed to assist probation officers in completing random community contacts and drug testing. All offenders are all subject to specialized supervision rules, polygraph testing, sex offender treatment programming, and group supervision meetings.

BONNIE-LYN II MENTAL HEALTH CLINIC

ADDRESS: 430 Patterson Avenue
Mankato, MN 56001

PHONE: (507) 388-5801

FAX: (507) 388-2715

E-MAIL: bonnielyn@chartermi.net

CONTACT: Earlyn Pengelly

PROGRAM DESCRIPTION:

Bonnie-Lyn II provides outpatient sex offender treatment services to adult male and female offenders. Program participants are on probation, parole, or referred through other agencies such as County Human Services. Two-hour group therapy sessions are held each week in the early evening. Individual and/or family therapy sessions are scheduled as needed. The program orientation is eclectic utilizing cognitive, behavioral, affective, and other techniques shown in current sex offender research as effective in assisting offenders to change behavior. Psycho-sexual education, primary therapy, and aftercare are provided. Program staff are licensed clinicians (Licensed Psychologist, LICSW) who have extensive experience in treating sex offenders. All program participants complete at least one polygraph while in treatment. Length of treatment depends upon individual progress, completion of assignments, group participation, and additional issues to be addressed. Average length of time in treatment is 18 months.

Bonnie-Lyn II also conducts Sex Offender Evaluations for the Court. These evaluations are carried out prior to sentencing and the offender may or may not return for treatment **depending upon the Court's** decision.

COST:

Intake: \$ 90.00
Group Therapy \$ 40.00 per group
Individual/Family Therapy \$ 75.00 per session
Discharge: \$ 90.00
Polygraph Test \$350.00 per test

Average monthly cost for services is \$160-\$250. For many offenders, these fees are billed to third-party payers such as insurance or medical assistance. Offenders paying for their own treatment may ask the Court to subtract all or part of these costs from fines.

Sex Offender Evaluations for the Court: \$700-\$850.00.

CENTRAL MINNESOTA MENTAL HEALTH CENTER

ADDRESS:	407 Washington St. Monticello, MN 55362	308 12th Ave. S Buffalo, MN 55313	253 8th St. NW, Suite A Elk River, MN 55330
PHONE:	763-295-4001	763-682-4400	763-441-3770
CRISIS LINE:	800-635-8008	800-635-8008	800-635-8008
FAX:	763-295-5086	763-682-1353	763-441-9057

CONTACT: Beth Patenaude-Jones, Ph.D., LP (Buffalo Office)

PROGRAM DESCRIPTION:

Adult Sex Offender Program is designed to provide court ordered treatment for men 18 years of age or older who have been found guilty of Criminal Sexual Conduct. Primary goal of the program is to prevent re-offending and enable the individual to control the sexually deviant behavior.

The program runs a minimum of 56 weeks with a capacity of 12 clients. An intake evaluation is required. Court records must be received prior to evaluation. Sessions are held on Tuesdays from 4:30 to 6:30 p.m. at the Elk River site, 8:00 – 10:00 a.m. on Wednesdays at the Buffalo site, 8:00 – 10:00 a.m. on Thursdays at the Monticello site, and Thursdays from 3:30 to 5:30 p.m. at the Buffalo site.

COST:

\$75/ group session, payment in advance

\$190 intake evaluation, payment in advance

CHRISTIAN RECOVERY COUNSELING

ADDRESS: 8441 Wayzata Blvd.
Minneapolis, MN 55429

PHONE: (763) 566-0088

FAX: (763) 588-5717

CONTACT: Mark Odland ext. 114
Colleen Prudhomme ext. 232, cprudhomme@christianrecoverycenter.org
EMAIL: CRC@christianrecoverycenter.org

PROGRAM DESCRIPTION:

Christian Recovery Center (CRC) is a non-profit, non-denominational organization whose main mission is to help men, women and children find freedom and hope from the life experience of sexual, emotional and physical abuse.

Restoration Project: is a Christian, long-term treatment program for men who have sexually offended against children. This program serves the community at large including the metro and surrounding areas. The program strives to maintain collaborative working relationships with probation officers, child protection workers, guardians and psychologists in all cases involved, which have included Pine, Anoka, Hennepin, Dakota, Olmsted and Wright Counties.

Ninety percent of the clients are court-ordered and concurrently serve jail sentences, continue their employment and attend weekly three-hour therapy sessions. The size of the group varies between four and eight members. Typical length of treatment is 24 to 30 months depending on the complexity of issues facing the offender and his family. Individual and/or marriage therapy sessions are included as needed throughout the duration of treatment.

Whenever possible, the project works with the victims of sexual abuse and their families as well. When it is not possible to work directly with the victim, a collaboration is formed with the therapist/agency working with the victim and /or family.

The project views reconciliation between the offender and victim as a privilege-not a right. The offender must earn the privilege to apologize to the victim by completing the goals and requirements established in his treatment plan. Reconciliation and potential reintegration into the family occurs during the later stages of therapy and only if the victim, family, probation officer, social services, therapists, groups, members, and staff are in agreement.

COST:

\$60 per three-hour group therapy session. Genuine financial hardship reduces the rate to a minimum rate of \$35. Cost for individual and/or marriage sessions are determined by the rate provided with the therapist. CRC does not discriminate by faith, race or financial status.

CORE PROFESSIONAL SERVICES, P.A.

CORE PROFESSIONAL SERVICES, P.A.

ADDRESS: Brainerd office: 617 Oak Street, Brainerd, MN 56401
Mankato office: 209 South 2nd Street, Suite 415, Mankato, MN 56001
St. Cloud office: 110 14th Avenue East, Sartell, MN 56377

PHONE: Brainerd office: (218) 829-7140
Mankato office: (507) 344-1400
St. Cloud office: (320) 202-1400

FAX: Brainerd office: (218) 829-7124
Mankato office: (507) 344-1098
St. Cloud office: (320) 202-8662

EMAIL: Brainerd office: core@coretreatment.com
Mankato office: sarahgt@coretreatment.com
St. Cloud office: score@coretreatment.com

CONTACT: Brainerd office: Dan Marquardsen, M.S., Licensed Psychologist
Mankato office: Sarah Gravelle, M.S., Therapist
St. Cloud office: Frank F. Weber, M.S., L.P., Clinical Director
Samantha Benjamin, M.S., Director of Quality Assurance

PROGRAM DESCRIPTION:

CORE Professional Services, P.A. provides structured and intensive outpatient sex offender treatment for juveniles (age 13 and older) and adults. Treatment combines group, individual, and couples/family therapy, as well as psychoeducational programming. Individuals involved in treatment are required to complete a minimum of two polygraph examinations, including a full-disclosure (history) polygraph examination and a maintenance examination. Therapists work closely with corrections agents to assure coordination and quality of services (Therapist Agent Synchrony). Individual therapy is available for the treatment of sexual addictions for those not charged with a sexual offense. CORE completes psychosexual assessments for both adults and juveniles. General outpatient therapy for the treatment of a variety of concerns, as well as general psychological assessments, anger assessments, etc. are also available.

Adult outpatient sex offender treatment is available in the following communities: St. Cloud, Brainerd, Mankato, Alexandria, Marshall, Slayton, Windom, Staples, Shakopee, Grand Rapids, and Willmar.

Juvenile outpatient sex offender treatment is available in the following communities: St. Cloud, Mankato and Staples.

COST: Varies by program. Grant based programming is available at all sites, dependent upon eligibility. Cash discount and third party reimbursement is available in St. Cloud and Brainerd, in addition to grant based options.

CORNERSTONE THERAPY AND RECOVERY CENTER

ADDRESS: 1885 University Avenue, Suite 411
St. Paul, MN 55104

PHONE: (651) 645-0980

FAX: (651) 645-3534

CONTACT: Mike Kogan-White, M.A., L.P., Director

PROGRAM DESCRIPTIONS:

Misdemeanor Sex Offender Treatment Program:

This program serves adult males who have committed a misdemeanor or non-touch sex offense, such as indecent exposure, violation of privacy (voyeurism), fetish burglary, solicitation of prostitutes and public sexual activity. Clients also are expected to attend a weekly two-hour treatment group and bimonthly individual and/or family sessions. Treatment length is open-ended but averages between 12 and 14 months. Groups take place in St. Paul. The maximum number of clients in the group is 8. The treatment approach is an integrated model that combines sex offender specific treatment with sexual addiction treatment and relapse prevention training.

Some misdemeanor offenders may not have developed a compulsive cycle of acting out and need less intense treatment. There are also those individuals who do not fit into a structured treatment approach. We have developed a separate treatment track for these clients, who may present with an isolated event, sexual boundary concerns or are in extreme denial about their behavior. The program ranges from 6 – 12 months in length, depending on the needs of the client, and offers a flexible format that may include: a sexual compulsivity assessment, time-limited, structured group therapy, individual therapy and couple and family therapy.

Sexual Dependency and Cybersex Recovery Program:

This program serves adult men struggling with sexually compulsive behavior who are not involved in the court system. These behaviors may include compulsive masturbation, compulsive use of pornography, frequenting strip clubs, extramarital affairs, compulsive sexual encounters with many partners, soliciting prostitutes, exhibitionism, voyeurism, phone sex, and so on. Behaviors not included are incest, child molestation or rape. The program consists of weekly group therapy and bimonthly individual and/or couple therapy. The primary treatment group meets for two and a half hours weekly. Treatment length is open-ended but averages between 12 and 18 months. Groups take place in St. Paul. The maximum number of clients in the group is 8. The treatment approach combines sexual addiction treatment and relapse prevention training.

COST:

Misdemeanor Sex Offender Program:

Individual therapy: \$120.00 per session

Group therapy: \$70.00 per session

Reports: \$75.00 per report (3 Quarterlylies and Termination report)

Sexual Dependency Recovery Program:

Individual therapy: \$120.00 per session

Group therapy: \$70.00 per session

Sliding scale available

DODGE-FILLMORE-OLMSTED COMMUNITY CORRECTIONS

Address: 151 4th Street SE
Rochester, MN 55904

Phone: 507-328-7200

Fax: 507-328-7953

Contact: Holly Busby, Program Manager 507-328-7200

PROGRAM DESCRIPTION:

Due to the unique risk/needs of sex offenders, Dodge Fillmore Olmsted Community Corrections has a separate unit to manage sex offender supervision and programming. Supervision Levels are based risk assessments looking at static, dynamic and acute factors. Other factors considered include but are not limited to treatment progress, integration of treatment into daily living, Minnesota State statutes and Minnesota Department of Corrections policy and notification level.

The DFO Sex Offender Unit was named a national resource site for the Center for Sex Offender Management in 1999. CSOM is a collaborative effort of the Office of Justice Programs, the National Institute of Corrections and the State Justice Institute, and is administered by the Center for Effective Public Policy and the American Probation and Parole Association. The Sex Offender Unit routinely takes probation into the field to deliver supervision, form collateral contacts, and educate and engage the community to help reduce the risk of sexual re-offense.

The highly collaborative agent/therapist treatment model for adult and juvenile sex offenders has been in place since 1985. Programming includes outpatient sex offender treatment, aftercare treatment, offender support groups, and supervision groups, education classes for offenders and classes to educate family, friends and other support persons of offenders. Day Treatment for developmentally disabled sex offenders is also offered through collaboration with Olmsted County Social Services and a local treatment provider. Residential placement for DD offenders is offered through collaboration with REM group homes. All treatment for sex offenders includes group treatment, individual therapy, family sessions (as needed) and the polygraph.

Recently DFO in collaboration with one of its treatment providers has begun a "pre-treatment group", for true statutory offenders with no history of violence and a dating relationship was formed with their victims. This group has offenders do their sexual timeline and details of offense and then take a full disclosure polygraph. If the offender passes the polygraph, they then do an education class to address the issues around age and developmental differences. If they do not pass the polygraph, they are given the opportunity to work through why they failed, if further victims or other concerning information is obtained, they are then referred to regular treatment. This program has been supported by the Courts and our County Attorney's office.

There are 4 agents who supervise both probation and supervised release sex offenders. There are 3 ISR agents who supervise all level 2 and 3 sex offenders.

Collaboration with other agencies and families can be critical to the success of offenders placed in the community. Our department strives for the highest levels of collaboration in order to provide effective, restorative and quality services, which address the needs of the offender, the victim and the community.

We have monthly support groups which are therapist facilitated, without a probation officer present. We have a support persons education and training which is offered to any family or friends or others involved in an offenders life. This not only provides more support for the offender but also assists in them remaining safe in the community. It also has a support portion for the family members and a place to safely ask questions or talk about concerns.

Polygraphs are used as a treatment tool as well as a supervision tool. Clients are aware they may be given a supervision polygraph at any time if concerns come up and that treatment polygraphs are just a part of the treatment process.

FIVE COUNTY MENTAL HEALTH CENTER

ADDRESS: 521 Broadway Ave No, PO Box 287
Braham, Minnesota 55006

PHONE: 320-396-3333 or 1-800-223-1513

FAX: 320-396-0144

CONTACT: Jennifer N. White MA LP LADC, Director of Abuse Recovery Services

PROGRAM DESCRIPTION:

Referrals are accepted from government, community-based and private organizations as well as self-referral. Intake will be conducted with a therapist who will determine with the client what services the client needs.

Sex Offender evaluations are available upon court ordered referral. Recommendations made are based on amenability to treatment, risk of reoffense and level and setting for treatment.

Adolescent and adult offenders are treated in separate groups. Currently these groups are for males who have been found guilty of a sex offense and focus on issues of offending behavior and reoffense prevention planning. These can include self-esteem, boundary and sexual development, family relationships, and abuse histories. Education lab is an integral part of offender treatment. Issues addressed include abuse cycles, sex education, sexuality, defense mechanisms and more. Aftercare services are available for offenders who successfully complete treatment programs. Group, individual, and family therapy are included.

Sex offender specific probation officers are present in the adult offender groups.
Polygraph testing is a mandatory part of the program.

S.H.A.R.P (Sexual Health and Responsibility Program): is a program for adolescents who act out in sexually inappropriate ways. The curriculum focuses on confronting myths and stereotypes, appropriate sexuality; education on sexual aggression; consequences of offending and appropriate decision making choices.

COST:

Client fees are set at the first appointment and are based on ability to pay. Five County Mental Health Centers process coverage through insurance companies and medical assistance. A sliding fee scale is also available.

Mandatory polygraph cost is the full responsibility of the client.

THE INSTITUTE FOR PSYCHOLOGICAL & SEXUAL HEALTH, INC.

ADDRESS: 314 West Superior Street
#600
Duluth, MN 55802

PHONE: (218) 727-7353

FAX: (218) 727-2646

CONTACT: Call (218) 727-7353 for Intake appointment

PROGRAM DESCRIPTIONS:

The Institute for Psychological & Sexual Health offers a specialized outpatient program for the treatment of sexual deviation which is an established clinical primary treatment program. The program utilizes a group modality, conducting weekly two- hour sessions. Each client has an individualized treatment plan to address issues of sexual deviance, healthy versus unhealthy sexuality, relationships, and family functioning. **The Institute's therapists work closely with the criminal justice system, correctional** officers, social service agencies and other mental health agencies to achieve successful treatment and relapse prevention of sexual deviation. Treatment goals include: owning and accepting of responsibility for prior sexual behavior; understanding impact of **sexual abuse from victim's perspective; reducing deviant sexual** arousal patterns and impulses and the development of appropriate arousal patterns; identifying cognitive distortions used to rationalize, justify, and excuse prior sexual behavior; identifying **sexual abuse/aggression cycle within family (including family of origin); identifying issues related to client's** victimization or abandonment; and developing a relapse prevention plan.

Specialized programs include:

- Sexually Reactive Children - Group therapy focusing on inappropriate and impulsive sexual behaviors in children ages 6-12.
- Adolescent/Adult Females - Ongoing treatment developed specifically for the female population.
- Adult Males - Treatment includes group modality, family therapy and individual therapy as needed.
- Adolescent Males - Program includes group treatment, education/task groups, family therapy, and individual therapy as needed.

COST:

Fees may be paid by private insurance carriers, medical assistance, county social service contracts, grants/contracts, or the clients themselves. Self-pay clients may be eligible for reduced fees based on their income.

LAKELAND MENTAL HEALTH CENTER

ADDRESS: 126 Alcott Ave. East
Fergus Falls, MN 56537

PHONE: 1-800-223-4512

FAX: (not provided)

CONTACT: Barb Prody

PROGRAM DESCRIPTIONS:

Sex Offender Treatment Program for Men: Clients develop an understanding of how sexual abuse affects themselves, others and society. Clients learn how to prevent further sexual abuse by acknowledging and taking responsibility for sexual abusing behavior, identifying and changing abusive thoughts and behaviors, identifying the sexual offense pattern or cycle, development of victim empathy, development of a relapse prevention plan, and address family of origin issues that may be contributing to their behavior.

Family Rehabilitation Program: This program will assist all members of the families of abuse victims and perpetrators of abuse to make a healthier family through participation in group therapy program sessions.

COST:

Group rate - \$36/hr.

Insurance, medical assistance, sliding fee scale available.

LIGHTHOUSE PSYCHOLOGICAL SERVICES, INC.

ADDRESS: 1314 81st Ave NE
Spring Lake Park, MN 55432

PHONE: (763) 780-3307

FAX: (763) 780-3306

CONTACT: Lighthouse Day Treatment Program
Aaron Trnka, M.A. LAMFT, Therapist, CEO
Molly Olson, M.A. LMFT, Therapist, CFO
Steve McManus, M.S. LMFT, Consultant
Kelly Evans, LAMFT, Therapist
Stephanie O' Rourke, Ph.D., LMFT, Individual Therapist

PROGRAM DESCRIPTION:

The Lighthouse Day Treatment Program is an intensive therapeutic service for special need adults who have engaged in sexually inappropriate behaviors or have issues of sexuality. The program provides intensive group therapy, three hours a day, five days a week. The primary focus is on the safety of the community as well as the clients we serve. Lighthouse utilizes a re-offense prevention model based on the offense cycle and adapted to the needs of the client population. Lighthouse implements an interdisciplinary team approach in collaboration with correctional professionals and various team members. A commitment to safety places risk assessment as an integral part of the Lighthouse Program. Lighthouse is dedicated to on-going research and on-site risk assessment.

Groups are held five days a week for three hours in the morning and three hours in the afternoon. Individual sessions are conducted for up to two hours/month/client. Family sessions are also available for the families of clients enrolled in the day treatment program.

All services are supervised under a Minnesota Board of Marriage and Family Therapy Licensed Marriage and Family Therapist (LMFT).

COMMUNITY SERVED:

Clients must be 18 years of age or older. Must carry a DSM-IV diagnosis of SPMI (AXIS I or II diagnosis), **and/or** Client must be low functioning (IQ below 85) or special needs.

COST:

Lighthouse is a Minnesota Provider for Day Treatment services. All clients who are on MA, or a variation thereof are fully funded under our program. All other referrals may be funded by private pay, or by the county agency of referral.

Group Therapy Fees = \$35/hour Individual/Family Therapy = \$105/hour

LUTHERAN SOCIAL SERVICE OF MINNESOTA PERSONAL/SOCIAL AWARENESS PROGRAM

ADDRESS: 2400 Park Avenue Satellite Offices: St. Paul
Minneapolis, MN 55404

PHONE: Referrals: 612-879-5342

FAX: 612-879-5272

CONTACT: R. Judd Swanson LICSW

PROGRAM DESCRIPTION:

P/SA's core program is an intensive outpatient sex-specific treatment program for adolescent males age 13-17 who have committed sex offenses. This multimodal program combines group, individual and family and multifamily group therapy. Examinations are typically conducted to assure full disclosure of offenses. Average length of stay in the program is 10-14 months; length of treatment is determined by individualized treatment goals. Other services provided by P/SA staff include psychosexual assessments, brief family-based education series, individual sex-specific therapy, intensive outpatient treatment for males ages 10-12 who have offended and a community integration group as well as individual and family therapy for adolescents who have completed intensive treatment and require additional support post-discharge.

The P/SA program is a component of LSS of Minnesota's Rule 29 mental health clinic, which can provide additional services as needed: psychiatric evaluations and medication management; general psychological testing; services for victims of sexual abuse.

COST:

Services are funded by a combination of commercial insurance, Medical Assistance, self-pay and county subsidies. **Clients without county funding/insurance may qualify for LSS' sliding-fee schedule.**

MARSTON CONSULTING GROUP REVISION TREATMENT PROGRAM

ADDRESS: Marston Consulting Group
81 South Ninth Street
Suite 250
Minneapolis, MN 55402

PHONE: (612) 338-8398

FAX: (651) 338-8498

CONTACT: Peter D. Marston, PhD., L.P.

PROGRAM DESCRIPTION:

Marston Consulting Group provides evaluation and assessment of juvenile and adult sexual offenders. The firm conducts evaluations in office and is available to travel to correctional facilities, halfway houses, or other locations across the state. Evaluation includes comprehensive state-of-the-art risk assessment, psychological and psychosexual testing, an in-depth diagnostic, developmental and psychosexual interview, and a review of all available records. Other specialized forensic evaluations, and case and court consultation pertaining to sexual offenders and other offenders are available, including commitment, competency, and amenability to treatment.

Private evaluations: We are able to assist individuals in submitting insurance claims.

COST:

A sliding fee scale is available for individuals subsidized by a county agency. Clients may submit claims to their insurance company for services rendered. Credit cards are accepted.

2004 Fees: Individual therapy: \$125/hour. Group therapy: \$60 per group.

MINNESOTA DEPARTMENT OF CORRECTIONS SEX OFFENDER TREATMENT PROGRAMS

ADDRESS: Sex Offender/Chemical Dependency Services Unit
Department of Corrections - Central Office
1450 Energy Park Drive, Ste. 200
St. Paul, MN 55108-5219

PHONE: (651) 642-0279

FAX: (651) 603-0020

CONTACT: Steve

PROGRAM DESCRIPTIONS:

Adult sex offenders committed to the Commissioner of Corrections for determinate sentences are immediately received by the Sex Offender Assessment Unit at the St. Cloud (MN) facility to determine programming needs. The following treatment approaches are available: Psychoeducational - for offenders who minimize or deny their offenses, inmates whose sentences are too short to allow them to complete more intensive treatment, and as an adjunct to other therapy.

- Intensive/long-term - for offenders who have ingrained patterns of sexual offending, chemical dependency issues, and/or long criminal histories.
- Alternative - for inmates of lower intellectual functioning. Transitional - for offenders serving their last nine months of incarceration to prepare them for return to the community.
- Aftercare - for offenders who have completed a program and continue to serve their sentences or for those on supervised release in the community.

The program at MCF - Lino Lakes (MN) is a multi-track design for both short and long-term adult male offenders. Programming utilizes psychoeducation, group, individual and family therapy. Chemical dependency treatment is included. The program helps offenders reduce his risk of reoffending through acceptance of responsibility for his problems, acquisition of new information, insight, cognitive and behavioral change, and development of a reoffense prevention plan. Capacity is 150.

The program at MCF - Moose Lake (MN) is designed for adult male sex offenders in need of longterm intensive treatment as well as those with a history of low social and/or intellectual skills. Referrals are made through other MN correctional facilities. Sex offender assessments, sexual assault education, and therapeutic groups are included. Individual therapy is provided as needed. The program reduce the risk of reoffense by helping the offender identify patterns of problematic behavior, take responsibility for those behaviors, and develop a relapse prevention plan. Those offenders needing transitional and/or chemical dependency programming are referred back to Lino Lakes for the last nine month of incarceration. Capacity is 60.

The program at MCF - Shakopee (MN) is designed for adult female offenders. It includes evaluation, individual counseling, group counseling, and psychoeducational classes with follow-up treatment upon release to the community. Successful inmates will acknowledge sexually abusive behavior, take responsibility for the crime, make amends where possible, develop understanding of deviant behavior patterns, learn socially acceptable living patterns and gain an understanding of self-worth to assist in her restoration of society. Capacity is 16.

NORTHEAST REGIONAL CORRECTIONS CENTER (NERCC)

ADDRESS: 6102 Abrahamson Rd.
Saginaw, MN 55779

PHONE: 218-729-8673
FAX: 218-729-3447

CONTACT: James Reinke, Corrections Agent

PROGRAM DESCRIPTION:

The NERCC Sex Offense Program is one element of the incarceration/program continuum of services housed at the corrections center under the umbrella of Arrowhead Regional Corrections, which provides service to the five contracting counties: Carlton, Cook, Koochiching, Lake, and St. Louis.

The participants in the program have been court ordered into the SOP as a condition of probation. The population served is adult male or juvenile males certified as adults. Entering NERCC becomes an opportunity for taking initial steps in the change process. NERCC utilizes evidence based practices to facilitate that growth.

The SOP uses two intervention models in working with the clients: relapse prevention and cognitive self change. An initial information (orientation) component and the Thinking for a Change curriculum introduce the men to the structure of the treatment process (two afternoon meetings of three hours lasting up to eight weeks). The therapeutic group alternates between work with the relapse prevention process and cognitive self change formats. This group meets three times per week for an hour and a half each. During these sessions the offenders process assignments that foster accountability, self-awareness, and intervention skills. For all residents there is some form of aftercare or continued primary treatment in the community.

Cost: The program costs are paid by the participating counties. For the last several years all participants have come from this jurisdiction.

PROJECT PATHFINDER, INC.

ADDRESS: 1821 University Ave- N385
St. Paul, MN 55104

PHONE: 651-644-8515

FAX: 651-644-3451

CONTACT: Intake: Jessica Ruegg 651- 967-7151
Warren Maas, MA, LP, JD, Interim Director

PROGRAM DESCRIPTION:

The adult program provides evaluation and treatment services for adult sex offenders on an outpatient basis. Evaluation includes clinical interviews, psychological testing, review of court records, and phallometric assessment or polygraph when clinically appropriate. Treatment consists of group, individual, and family therapy. Group therapy is two hours per week; individual and conjoint sessions two sessions per month. Aftercare is provided following successful completion of treatment. Services are also provided for family members and partners. In addition, an educational session is available for those who are in the position of supervising visitation between adults and children.

We have 31 groups of size between eight and ten. We have one women's group in St. Paul. Group locations are offered in St. Paul, Eagan, Shakopee and Southern Minnesota. In addition, the adult program operates services at the Ramsey County Correctional Facility.

Services are provided by MA or Ph.D level trained clinicians who are licensed or license eligible in the State of Minnesota.

COST:

Fees for adult services may be subsidized by the county agency of referral. Insurance reimbursement may be an option when insurance coverage is available.

2009 fees are \$130/hour and \$63/hour group.

PSYCHOLOGICAL SERVICES & FORENSIC CONSULTATION

ADDRESS: 5115 Excelsior Blvd., #449
Minneapolis, MN 55416

PHONE: (612) 920-5351

FAX: (612) 920-4485

CONTACT: Margretta Dwyer dwyer001@umn.edu

PROGRAM DESCRIPTION:

Lectures, education courses in issues and course in computer sex problems. Individual and family sessions for sexual problems. No sex offender treatment offered.

COST:

Sliding Fee.

RANGE MENTAL HEALTH CENTER, INC.

ADDRESS: 624 South 13th Ave. Hibbing and Ely
P.O. BOX 1188
Virginia, MN 55792

PHONE: (218) 749-2881

FAX: (218) 749-3806

CONTACT: Michael Merrill, Adult
Barb Thorne, Juvenile

PROGRAM DESCRIPTION:

Sexual Abuse Treatment Program: This program offers comprehensive services to both victims and perpetrators of sexual abuse. Current services include:

- 1) individual therapy for both adult and child victims;
- 2) court ordered assessments for adult and adolescent male and female perpetrators;
- 3) group therapy for adult and adolescent male perpetrators;
- 4) individual therapy for female perpetrators;
- 5) individual therapy for abuse reactive children. In addition, couples and family therapy are included as a part of the treatment process when appropriate.

COST:

Insurance, self-pay, or medical assistance.

There is *no* sliding fee scale.

TURNING POINT PSYCHOLOGICAL SERVICES, LLC

ADDRESS: 1500 1st Ave NE #121
Rochester, MN 55906

PHONE: 507-288-5629

FAX: 507-536-9108

CONTACT: Roxann Voigt MS,LP, member of ATSA and MnATSA

PROGRAM DESCRIPTION: We provide outpatient treatment to adult males with problem sexual behaviors. Our referrals come from the criminal justice system, social services, and self-referrals. Intakes are conducted to determine appropriateness for treatment and to begin to build the treatment plan. Treatment consists of weekly group sessions co-led by mental health professionals, and monthly-bi monthly individual or family therapy sessions. Treatment focuses on offense dynamics, recognition and control of risk factors, and lifestyle planning to reduce risk. Issues addressed in treatment may include boundaries, relationships, healthy sexuality, abuse histories, emotion management, communication skills, sexual orientation, paraphilias, cognitive-behavioral skill development, anger management, sexual arousal patterns, mental health, and self esteem. Partners, family members (non-victims), and other positive supports in the client's life are included in the treatment process to the degree possible. Building the support network around a client is a significant goal of the treatment process. Polygraph examinations are part of the program and further aid in the development of the treatment plan for an individual client. Sex offender specific probation officers are present in the group. Treatment length is open-ended but a typical range is 1-3 years in length. After primary treatment is completed, monthly after care sessions are provided to support the changes achieved in treatment and maintain a supportive connection between group members. Coordination with other professionals involved with the clients occurs regularly and referrals are made to other services as the need arises.

ASSESSMENTS: Court –ordered evaluations for treatment appropriateness are available.

OTHER SERVICES: Consultation with county social services to address needs and risks in regard to the problematic sexual behaviors of developmentally disabled adults in home settings, group homes, and work settings.

Individual sessions with adolescents preparing for court ordered polygraph examinations.

Healthy sexuality education classes for court ordered adolescents and for adults.

COST: Fees are paid by some private insurance, medical assistance, grants and contracts, or the clients. There is a cash rate for clients with no insurance coverage.

UPPER MISSISSIPPI MENTAL HEALTH CENTER, INC. SEXUAL ABUSE TREATMENT PROGRAM

ADDRESS: PO Box 640, Bemidji MN 56619-0640

PHONE: 218-751-3280

FAX: 218-751-3298

EMAIL: kari_dreyer@ummhcmn.org

Website: www.ummhcmn.org

Program Coordinator: Sheryl Ristvedt

Program Description:

The Sexual Abuse Treatment Program of Upper Mississippi Mental Health Center offers outpatient treatment groups for adults and adolescents who have been adjudicated by the court of committing a sexual offense. Treatment is also available for female offenders and low functioning adults. Referrals for this program typically come from probation after an individual has been court ordered to complete sex offender treatment.

Treatment groups meet weekly in Baudette, Bemidji, Crookston, Detroit Lakes, Grand Rapids, Thief River Falls and Walker. Third party reimbursement is accepted, individuals are responsible for amounts not paid by insurance. Upper Mississippi Mental Health Center receives funding from the MN Department of Corrections that allows a self pay rate for those without a third party payment option. The self pay rate is currently \$100.00 per month. Polygraph is a required component of this treatment program. Polygraph fees are not covered by insurance.

More specific program information can be obtained by contacting UMMHC.

UNIVERSITY OF MINNESOTA CENTER FOR SEXUAL HEALTH

ADDRESS: University of Minnesota
1300 South Second Street, Ste. 180
Minneapolis, MN 55454

PHONE: (612) 625-1500

FAX: (612) 626-8311

CONTACT: Dianne Berg, Ph.D.

PROGRAM DESCRIPTION: <http://www.med.umn.edu/fp/phs/phssxoff.htm>

Our multi-disciplinary team provides comprehensive treatment and assessment on an outpatient basis for a range of behaviors including:

- Pedophilia
- Exhibitionism
- Voyeurism
- Child Molesting
- Incest
- Obscene Phone Calls.
- Internet-related sexual offenses.

Clinical Services include:

- Weekly group therapy co-lead by male/female teams
- Quarterly psychoeducational sessions
- Quarterly progress update sessions, which include probation officers or social workers as appropriate
- Bi-monthly conjoint/individual therapy
- Psychiatric consultation/medication management.

Psychosexual and other Forensic Evaluations

The Center for Sexual Health provides evaluation services for a variety of forensic purposes. We work with the courts, county attorneys, probation departments, and defense attorneys to provide comprehensive sexual offender evaluations for presentence evaluations, sexually violent persons or psychopathic personality commitments, pattern sex offender sentences, and other forensic situations in which a psychosexual evaluation is useful. Evaluations can include phallometric assessments and/or polygraph assessments when appropriate.

After Care

Upon completion of intensive sex offender treatment, individuals are required to participate in a monthly after care group. This group is designed to aid in the maintenance of behavior changes made in intensive treatment, to serve as a support for navigating the challenges of daily life, and to address ongoing issues, usually around relationships and communication.

Partners' Group

We have found that the partners of sex offenders experience a range of feelings, challenges, and issues related both to offenders' sexually inappropriate behavior and to the process of treatment. Therefore, an integral part of our treatment program is a group to provide partners with a place to receive social support, express their problems, confusions, and feelings, and to address their personal issues. This group is an important adjunct to the rest of our treatment program since behavior change and maintenance is a family system, not just an individual, process.

Psychiatric Consultation

We have two psychiatrists who work as a part of our treatment team. They provide a range of psychiatric assessment and medication management services. Psychiatric backup provides the Center for Sexual Health with the capacity to meet the challenges of the multiple co-morbid problems that often accompany illegal sexual behavior, as well as the impulsive and compulsive nature of some sex offending behavior.

Research and Consultation

The faculty and staff of the Center for Sexual Health are involved in a number of on-going research projects aimed at understanding the nature of sex offending behavior and developing means to improve the treatment provided for such behavior. In addition we are available for a wide range of educational and consultation activities including:

- Expert testimony
- Lectures, seminars and workshops
- Continuing education for health, social
- Service and criminal justice providers
- Continuing education for judicial personnel (i.e., lawyers, judges).

COST:

Many types of health insurance accepted, including Medical Assistance and Medicare. If elect to private pay: group therapy = \$88 for two hours; individual therapy = \$170/hour; intake = \$360; psychological testing = \$200/hour. Forensic evaluations = \$300/hr with a \$1500 retainer fee required.

WASHINGTON COUNTY COMMUNITY CORRECTIONS

ADDRESS: 14949 62nd St. N., Box 6
Stillwater, MN 55082

PHONE: (651) 430-6900

FAX: (651) 430-6999

CONTACT: Tracy D. Jenson, Supervisor (651) 430-6778

PROGRAM DESCRIPTION:

The Washington County Sex Offender Unit was established in November 2001. This specialized unit consists of (3) full-time Probation Officers and (1) Supervisor. Probation Officers supervise all offenders that are convicted of a sex offense, failure to register offenses and any offense that is ordered to complete sexual offender treatment. The unit supervises probationers and offenders on supervised release. The unit completes Pre-Sentence Investigations on all sex offenses and failure to register cases, **which they then supervise if the offender lives in county or transfer supervision to the offender's county** of residence. To assess risk, Probation Officers use sex offender specific risk assessment tools, i.e. Static-99 or the Stable 2007. Probation Officers spend time in the community monitoring offender behavior, potential victim contact, meeting with family members, collaborating with local law enforcement, the Bureau of Criminal Apprehension and several different treatment providers. The unit emphasizes attention to victim needs and restoration, i.e. victim impact statements, restitution collection and referrals to victim services. Probation Officers meet quarterly with treatment providers and work in collaboration with these treatment providers to address the needs of each individual offender. Polygraph testing is utilized outside of the treatment setting by Probation Officers to monitor compliance with probation and/or supervised release conditions.

GROUP SUPERVISION:

The Washington County Sex Offender Unit provides monthly supervision groups and quarterly supervision groups, which are co-facilitated by (2) Probation Officers. These are NOT treatment groups, rather supervision groups for offenders who are assessed as lower risk to re-offend, have completed sexual offender treatment and aftercare and who have a relapse prevention plan. Offenders attend monthly supervision group for a minimum of 18 months, at which time they may be eligible for quarterly supervision group for the remainder of their probationary/supervised release term. In order to move to quarterly supervision group, all offenders who have a condition of polygraph testing, must complete a polygraph exam which shows no deception. Probation Officers also complete annual home visits on group supervision offenders.

JUVENILE Offender Treatment Programs

ALPHA HUMAN SERVICES, INC. PHASE

ADDRESS: 2712 Fremont Ave. So. Satellite Offices: Apple Valley
Minneapolis, MN 55408 Anoka

PHONE: Business Office: (612) 872-8218
Contact for referrals (612) 823-3707

FAX: Business Office: (612) 874-8885
Clinical: (612) 822-1360

CONTACT: Douglas Williams, M.S., L.P.

PROGRAM DESCRIPTION:

PHASE is an outpatient treatment program for adolescents who have engaged in sexual perpetration or inappropriate sexual acts. The program consists of weekly group sessions (2 hours in length) and weekly individual or family therapy sessions. PHASE uses a cognitive/behavioral therapeutic approach. The treatment mode consists of phases of therapy. Each phase includes program and individualized goals which clients are required to complete, with clients progressing at their own rate. It is estimated that clients complete the program in about 12 to 14 months. Clients are typically referred by court and social service agencies. Attendance at a satellite office is determined by geographic location.

Clients complete an initial six-week-long educational assessment phase of treatment which includes laws governing sexual behavior, boundaries, and healthy and unhealthy sexual practices. Prior to the conclusion of the educational phase, clients take a polygraph examination to verify full disclosure regarding their sexual offenses and histories. A determination of further clinical needs is then offered by the staff. Clients may enter the educational phase of the program while denying or severely minimizing their offenses, however, they must admit to a sexual offense to progress further. When possible, a parent therapy group is offered coinciding with the education phase. Clients may be referred to attend only the psychoeducational portion of treatment.

PHASE staff conducts psychosexual evaluations to determine the treatment needs of a client and to determine the most appropriate treatment milieu which allows for community safety and individual needs. For referrals who have completed a psychosexual prior to being referred to PHASE, a two-hour program assessment is required at the time of intake.

COST:

Psychosexual evaluation:\$763

Program assessment:\$454

Group session:\$70

Individual family session:\$102

Insurance may cover a portion of service costs.

ANOKA COUNTY JUVENILE CENTER SEX-SPECIFIC PROGRAM

ADDRESS: 7555 4th Avenue
Lino Lakes, MN 55014-1097

PHONE: (651) 783-7563

FAX: (651) 783-8160

CONTACT: John Schlichtmann (651) 783-7563

PROGRAM DESCRIPTION:

The inpatient program is designed for 14- to 18-year-old males who have been adjudicated for a criminal sexual conduct offense, and are not appropriate for a non-secure or outpatient setting. The length of stay is nine to 18 months. Licensed psychologists provide individual, family, and group therapy. Sexspecific groups last four hours per week and are facilitated by the treatment coordinator and therapist. Assignments address full ownership of crime, victim empathy, offense cycles, subject's own victimization, and healthy sexual expression. Psycho-educational groups are facilitated by the treatment coordinator. Individual sessions are with a therapist. A positive peer focus holds each individual accountable for each others' behavior, bases rewards and consequences on the behavior of group members, and bases all behavior on values of Acare,@ Ahonesty,@ and Arespect.@ Individual rooms are provided. Clients attend a highly structured, six-hour school day, year round, and focus on academic and behavior improvement. Special education and evaluations are available. Students receive individualized and small-group instruction in language arts, math, social studies, science, health, physical education, and art. Staffings are scheduled the first month and then every three months. Progress reviews are offered in the areas of sexual behavior, power, intimacy, feeling identification and expression, family, boundaries and problem resolution, and commitment to therapy. Progress is evaluated by therapist, treatment coordinator, primary counselor, youth, and group members.

COST:

Per diem is \$119.

CORE PROFESSIONAL SERVICES, P.A.

ADDRESS:	Brainerd office:	617 Oak Street, Brainerd, MN 56401
	Mankato office:	209 South 2 nd Street, Suite 415, Mankato, MN 56001
	St. Cloud office:	110 14 th Avenue East, Sartell, MN 56377
PHONE:	Brainerd office:	(218) 829-7140
	Mankato office:	(507) 344-1400
	St. Cloud office:	(320) 202-1400
FAX:	Brainerd office:	(218) 829-7124
	Mankato office:	(507) 344-1098
	St. Cloud office:	(320) 202-8662
EMAIL:	Brainerd office:	core@coretreatment.com
	Mankato office:	sarahgt@coretreatment.com
	St. Cloud office:	sccore@coretreatment.com
CONTACT:	Brainerd office:	Dan Marquardsen, M.S., Licensed Psychologist
	Mankato office:	Sarah Gravelle, M.S., Therapist
	St. Cloud office:	Frank F. Weber, M.S., L.P., Clinical Director
		Samantha Benjamin, M.S., Director of Quality Assurance

PROGRAM DESCRIPTION:

CORE Professional Services, P.A. provides structured and intensive outpatient sex offender treatment for juveniles (age 13 and older) and adults. Treatment combines group, individual, and couples/family therapy, as well as psychoeducational programming. Individuals involved in treatment are required to complete a minimum of two polygraph examinations, including a full-disclosure (history) polygraph examination and a maintenance examination. Therapists work closely with corrections agents to assure coordination and quality of services (Therapist Agent Synchrony). Individual therapy is available for the treatment of sexual addictions for those not charged with a sexual offense. CORE completes psychosexual assessments for both adults and juveniles. General outpatient therapy for the treatment of a variety of concerns, as well as general psychological assessments, anger assessments, etc. are also available.

Adult outpatient sex offender treatment is available in the following communities: Brainerd, St. Cloud, Alexandria, Staples, Willmar, Shakopee, Chaska, Mankato, Slayton, Marshall, and Windom. (For information regarding off-site programming, please contact the St. Cloud office.)

Juvenile outpatient sex offender treatment is available in the following communities: Grand Rapids, Brainerd, Staples, St. Cloud, and Mankato.

COST: Varies by program. Grant based programming is available at all sites, dependent upon eligibility. Cash discount and third party reimbursement is available in St. Cloud and Brainerd, in addition to grant based options.

DENNIS JOHNSTON & ASSOCAITES LLC

ADDRESS: 7200 France Ave. So.
Suite 200
Edina, Minnesota 55435

PHONE: (952) 929-6882

FAX: (952) 929-0689

E-MAIL: djohnstonlisw@msn.com

PROGRAM DESCRIPTION:

Outpatient services are designed for adult males 18 and older who have been convicted of sexual offenses and deemed appropriate for community based sex offender treatment.

Traditional programming is 18 – 24 months in length with one year of aftercare. Each client is expected to attend and participate in weekly group sessions, monthly individual sessions and quarter educational workshops. Each client is required to present his life story, offense cycle, Good Life Plan and letters of apology in group.

Family reunification is addressed from the point of view that the offender's reunification with his family is a continuum with levels ranging from partial re-entry, to less extensive structure contact, to no contact at all. It includes clarification, reconciliation, and finally reunification.

Aftercare begins with 2 sessions per month for the first 6 months and 1 session per month for 6 months. It is facilitated by former offenders who have completed sex offender treatment and are no longer on parole or probation. In addition to monthly aftercare sessions the offender attends quarterly check-in sessions with his therapist and the quarterly workshops.

The Boundaries Program is designed for those clients who would benefit from a more educational and individually designed program than traditional sex offender programming. The average length of stay is 6 months to one year. The offender will attend weekly group sessions, monthly individual session and quarterly workshops.

COST:

Clients are required to pay for service when provided unless other arrangements are made.

Group sessions \$60.00	Individual sessions\$ 85.00	Quarterly workshops \$75.00
Aftercare \$25.00 per session	Polygraphs \$350.00	Reunification sessions \$85.00

FIVE COUNTY MENTAL HEALTH CENTER

ADDRESS: 521 Broadway Ave No, PO Box 287
Braham, Minnesota 55006

PHONE: 320-396-3333 or 1-800-223-1513

FAX: 320-396-3363

CONTACT: Jennifer N. White MA LP LADC, Director of Abuse Recovery Services

PROGRAM DESCRIPTION:

Referrals are accepted from government, community-based and private organizations as well as self-referral. Intake will be conducted with a therapist who will determine with the client what services the client needs.

Sex Offender evaluations are available upon court ordered referral. Recommendations made are based on amenability to treatment, risk of reoffense and level and setting for treatment.

Adolescent and adult offenders are treated in separate groups. Currently these groups are for males who have been found guilty of a sex offense and focus on issues of offending behavior and reoffense prevention planning. These can include self-esteem, boundary and sexual development, family relationships, and abuse histories. Education lab is an integral part of offender treatment. Issues addressed include abuse cycles, sex education, sexuality, defense mechanisms and more. Aftercare services are available for offenders who successfully complete treatment programs. Group, individual, and family therapy are included.

Sex offender specific probation officers are present in the adult offender groups. Polygraph testing is a mandatory part of the program.

- **"Boundaries and Sexuality"**- a 10 week program for adolescents who have acted out in a sexual manner. Program explores laws, healthy relationships, sexual education, and other factors such as anger and chemicals. Clients do not have to have been legally charged to complete the program.
- **"Sex Offender Education Program"**- a 15 week psychoeducational program for adult sexual offenders. Specific focus is those offenders who are deemed through the psychosexual evaluation process to not be in need of full offender treatment but who will be better served in an educational format.

COST:

Client fees are set at the first appointment and are based on ability to pay. Five County Mental Health Centers process coverage through insurance companies and medical assistance. A sliding fee scale is also available.

Mandatory polygraph cost is the full responsibility of the client.

LEO A. HOFFMANN CENTER EVERGREEN COTTAGE

ADDRESS: 1711 Sheppard Drive
P.O. Box 60
St. Peter, MN 56082

PHONE: (507)934-6122

FAX: (507)934-2594

E-Mail: info@hoffmanncenter.org

Web Site: www.hoffmanncenter.org

CONTACT: Julie A. Stevermer, Executive Director
Gerald Schmidt, MA, LP, Clinical Supervisor
Linda Wempen, Intake Referrals

REFERRALS: Referrals should be made by telephone or in writing to the Intake Worker.

PROGRAM DESCRIPTION:

Our DHS Rule 5 licensed residential program provides a safe environment and treatment services to adolescent males between the ages of 11 and 17, who have committed a sexual offense or whose sexual behavior is problematic. Clients must have a pattern of emotional disturbance and behavioral difficulties that necessitates removal from the community yet does not require a high level of security. Program components include assessments, group therapy, individual therapy, family therapy, psychiatric services, education, life skills classes, therapeutic recreation, therapeutic milieu, relapse prevention, evaluation conferences, and progress review conferences. This is a year-round program with a maximum capacity of 16 males. Further program information can be found on our website.

COST: Fees are established annually by the Board of Directors. Please see our website for current per diem rates.

**LEO A. HOFFMANN CENTER
NORTH COTTAGE
PROGRAM FOR LOW FUNCTIONING MALE
ADOLESCENT SEX OFFENDERS**

ADDRESS: 1715 Sheppard Drive
P.O. Box 60
St. Peter, MN 56082

PHONE: (507)934-6122

FAX: (507)934-2594

E-Mail: info@hoffmanncenter.org

Web Site: www.hoffmanncenter.org

CONTACT: Julie A. Stevermer, Executive Director
Gerald Schmidt, MA, LP, Clinical Supervisor
Linda Wempen, Intake Referrals

REFERRALS: Referrals should be made by telephone or in writing to the Intake Worker.

PROGRAM DESCRIPTION:

Our DHS Rule 5 licensed residential program provides a safe environment and treatment services to adolescent males between the ages of 11 and 17, **with an IQ between 55 – 75**, who have committed a sexual offense or whose sexual behavior is problematic. Clients must have a pattern of emotional disturbance and behavioral difficulties that necessitates removal from the community yet does not require a high level of security. Program components include assessments, group therapy, individual therapy, family therapy, psychiatric services, education, life skills classes, therapeutic recreation, therapeutic milieu, relapse prevention, evaluation conferences, and progress review conferences. This is a year-round program with a maximum capacity of 16 males. Further program information can be found on our website.

COST: Fees are established annually by the Board of Directors. Please see our website for current per diem rates.

ST. PETER COUNSELING CENTER

(A division of the Leo A. Hoffmann Center)

ADDRESS: 1711 Sheppard Drive
P.O. Box 60
St. Peter, MN 56082

PHONE: (507)934-6122

FAX: (507)934-2594

E-Mail: info@hoffmanncenter.org

Web Site: www.hoffmanncenter.org

CONTACT: Julie A. Stevermer, Executive Director
Gerald Schmidt, MA, LP, Clinical Supervisor
Linda Wempfen, Intake Referrals

REFERRALS: Referrals should be made by telephone or in writing to the Intake Worker.

PROGRAM DESCRIPTION:

The St. Peter Counseling Center offers outpatient programming designed to meet the needs of children, and adolescents, and their families. Counseling Center staff provide specialized outpatient evaluation and treatment services to adolescent sex offenders referred by the courts, county social service agencies, or self referrals. This program is designed for those adolescents who can be evaluated and/or treated in the community without the restrictiveness of a residential program. The outpatient program is designed to serve both male and female offenders of all ability levels. Eligibility criteria includes: first offense or brief series of minor offenses, non-violent; acknowledgement of offense and motivated for treatment; little evidence of chronic anti-social behavior; and no active chemical dependency or serious psychopathology. Further program information can be found on our website.

COST: Fees are established annually by the Board of Directors. Please see our website for current per diem rates.

INSTITUTE FOR SEXUAL HEALTH, INC.

ADDRESS: 250 Medical Arts Building
324 West Superior Street
Duluth, MN 55802

PHONE: (218) 727-7353

FAX: (218) 727-2646

CONTACT: Call (218) 727-7353 for Intake appointment.

PROGRAM DESCRIPTION:

The Institute for Sexual Health offers a specialized outpatient program for the treatment of sexual deviation which is an established clinical primary treatment program. The program utilizes a group modality, conducting weekly 1 1/2 hour sessions. Each client has an individualized treatment plan to address issues of sexual deviance, healthy versus unhealthy sexuality, relationships, and family functioning.

The Institute's therapists work closely with the criminal justice system, correctional officers, social service agencies and other mental health agencies to achieve successful treatment and relapse prevention of sexual deviation.

Treatment goals include: owning and accepting of responsibility for prior sexual behavior; understanding impact of sexual abuse **from victim's perspective**; **reducing deviant sexual arousal** patterns and impulses and the development of appropriate arousal patterns; identifying cognitive distortions used to rationalize, justify, and excuse prior sexual behavior; identifying sexual **abuse/aggression cycle within family (including family of origin)**; **identifying issues related to client's** victimization or abandonment; and developing a relapse prevention plan.

Specialized programs include:

- Sexually Reactive Children - group therapy focusing on inappropriate and impulsive sexual behaviors in children ages 6-12.
- Adolescent/Adult Females - ongoing treatment developed specifically for the female population.
- Adult Males - Treatment includes group modality, family therapy and individual therapy as needed.
- Adolescent Males - Program includes group treatment, education/task groups, family therapy, and individual therapy as needed.
- Parolees - (funded by the MN Department of Corrections) Psychoeducational group for parolees who have not received treatment while incarcerated.

Others may be referred to the group but will not be covered by the funding. Aftercare group offered to any parolee who has successfully completed treatment while in a prison setting.

COST:

Fees may be paid by private insurance carriers, medical assistance, county social service contracts, grants/contracts, or the clients themselves. Self-pay clients may be eligible for reduced fees based on their income.

MINNESOTA DEPARTMENT OF CORRECTIONS SEX OFFENDER TREATMENT PROGRAMS

ADDRESS: MCF-Red Wing
1079 Highway 292
Red Wing, MN 55066

PHONE: (651) 267-3600

FAX: (651) 267-3761

CONTACT: John Handy, MCF-Red Wing
(651) 267-3613

PROGRAM DESCRIPTIONS:

The Minnesota Correctional Facility at Red Wing (MCF-RW) is a State operated facility. Residents admitted to the facility are considered to be inappropriate for community-based programming because of the seriousness of their offense or because they have repeatedly failed to respond to community based correctional interventions. In order to meet placement criteria for the sex offender program, residents must have failed a previous court-ordered residential sex offender treatment program, or be court-ordered to complete sex offender treatment but cannot gain admission in other regional programs, and/or have completed a sex offender evaluation that recommends MCF-RW as the most appropriate treatment option. MCF-RW residents who meet the criteria for placement in the Sex Offender Treatment Program are housed in a separate 26 bed living unit. Residents must complete a minimum of nine months at the facility followed by a minimum of ninety days in a structured community-based residential program while on institutional furlough status. An orientation and assessment process upon admission includes psychological, social, and educational evaluations as well as an introduction to the peer group counseling and cognitive restructuring process. At the end of this phase, a staffing with the resident, his family, probation/parole agent, and program and education staff results in the Individual Treatment Plan. This plan includes behavioral/cognitive, academic/vocational, substance abuse and reentry goals and related tasks. Subsequent phases include counseling, psychoeducational programs, Mutual Help Meetings, Principles for Daily Living, academic and vocational programming, and transition to the community. During their stay, residents take a polygraph examination based upon their sexual history.

COST:

\$110 per diem charged to the referring county. No out-of-state.

MINNESOTA SEX OFFENDER PROGRAM (MSOP)

ADDRESS: Administrative Office, 444 Lafayette Road North

Sites: 1111 Highway 73, Moose Lake, MN 55767
100 Freeman Drive St. Peter, MN 56082

PHONE: 651-431-4377

FAX: 651-431-7404

CONTACT: Jannine Hebert, MA, LP, MSOP-Executive Clinical Director

PROGRAM DESCRIPTION: The MSOP provides sex offender treatment to civilly committed sex offenders. Those determined to be sexually dangerous persons or have sexually psychopathic personalities are committed to treatment by the courts for indeterminate periods of time. Clients are admitted to the Moose Lake facility where they are assessed and begin primary treatment. They are placed in programming units which meet their individual needs. Once Moose Lake clients have completing their first two phases of treatment, they are transferred to the St. Peter facility to complete treatment and begin working toward provisional discharge.

The course of treatment determined draws on several contemporary treatment models in its programming, including cognitive-behavioral therapy, group psychotherapy, relapse prevention, risk/needs/responsivity and stages of change literature, with additional philosophical influences from the Good Lives model. Treatment is guided by an individualized treatment plan that defines measurable goals throughout treatment in MSOP. There are three phases to the treatment process. Clients initially address treatment interfering behaviors and attitudes in preparation for focusing on their patterns of abuse and identifying and resolving the underlying issues in their offenses. Clients in the later stages of treatment focus on maintaining the changes they have made and managing their risk.

MSOP is one program at two facilities. Moose Lake and St. Peter each contribute to the mission of MSOP by specializing in different components of the treatment process. The Moose Lake facility houses individuals involved in the civil commitment process, non-participants and those participating in initial and primary stages of treatment. Individuals who have demonstrated meaningful change and have progressed through treatment are moved to St. Peter to begin the reintegration process. In addition to the components of reintegration, St. Peter also provides Alternative treatment for clients who are not appropriate for conventional programming. These clients are in need of unique treatment approaches due to developmental disabilities, traumatic brain injuries, or severe learning disabilities.

CLINICAL SERVICES: MSOP is a comprehensive treatment program. Clients acquire skills, and are provided opportunities to demonstrate meaningful change, through:

- Active participation in group therapy;
- Rehabilitative services including education classes, therapeutic recreational activities and vocational work program assignments;
- Daily observation of application of treatment concepts in a residential setting;
- Individualized Treatment Plans developed by the multi-disciplinary team; The goals are **written to address the clients' individual risk factors for recidivism and specific treatment need areas;** and
- Quarterly reviews of progress toward management of individual risk factors for recidivism and specific treatment need areas.

SPECIALTY PROGRAMMING: MSOP clients who choose to engage in treatment participate in a sexual offender assessment that sets the foundation for their individualized treatment plan. Clients are placed in programming based on their clinical profiles. The following list summarizes the specialty programming within the MSOP:

- Admissions: Clients newly admitted to the MSOP and/or are going through the commitment proceedings. Clients are participating in assessments required by the court;
- Assisted Living (ALU) Clients who are medically compromised to the extent of requiring specialized care;
- Behavior Therapy Unit (BTU) Clients who demonstrate behaviors that are disruptive to the general population and/or affect the safety of the facility: criminal behavior, repetitive restrictions to maintain safety, threatening behavior (i.e., assaults on staff/peers, thefts, predatory type behaviors, etc.) are treated on this unit with the goal of mainstreaming once the treatment-interfering behaviors have been addressed;
- Conventional Programming Unit: Clients motivated to participate in Sex Offender specific treatment and are meeting behavioral expectations of the program;
- Corrective Thinking Unit: Clients who present with unique treatment needs and generally high antisociality. Traits include: Grandiosity; instrumental emotions; impulsivity; need to dominate; callousness; irresponsibility; conning/deceptive; not accountable; belligerent; and, lack of sustained effort;
- Skill Building Unit: Clients with significant mental health diagnoses, Axis I diagnoses that do not meet the requirements for a transfer to the Minnesota Security Hospital, and/or significant personality disorders that result in persistent emotional instability and/or potential self harm;
- Therapeutic Concepts Unit: Clients declining to actively participate in sex offender specific programming;
- Young Adult Unit: Clients who are between the ages of 18 and 25 and do not meet criteria for the Alternative Program or CTU programming;
- Alternative Programming: These clients may have cognitive impairments, traumatic brain injuries and/or profound learning disabilities. Although motivated for treatment, it is unlikely that these clients would be successful in a conventional cognitive behavioral treatment program due to compromised executive functioning;
- MSOP Supervised Integration: This represents the beginning of the transitional phase of treatment at the MSOP and focuses on solidifying skills for living safely in the community. Clients are able to participate in privilege progression with accompanied on-campus, accompanied off-campus, and unaccompanied on-campus liberties; and
- Community Preparation Services: Clients who have been granted transfer outside the secure perimeter by the Special Review Board (SRB) and the judicial appeal panel, for the later stages of MSOP treatment.

COST: MSOP clients are civilly committed for treatment as Sexually Dangerous Persons (SDP) or Sexually Psychopathic Personalities (SPP) under statute 253B. Once admitted to the program, the county of financial responsibility and the State of Minnesota pay 10% and 90% of the costs, respectively.

NEXUS: MILLE LACS ACADEMY

ADDRESS: 407 – 130th Ave. S
Onamia, MN 56359

PHONE: (320) 532-4005

FAX: (320) 532-4898

CONTACT: Pam Allie

PROGRAM DESCRIPTIONS:

This is a not-for-profit agency providing treatment to youth who have engaged in inappropriate, illegal or harmful sexual behavior. Mille Lacs Academy is a community-based residential treatment center for ages 10 to 18, located 75 miles north of the Twin Cities with a capacity of 94 residents. The average length of treatment is 12 to 18 months. On-site educational programs comply with Minnesota Department of Education Guidelines for primary and secondary schools. The staff includes psychologists, psychiatrists, clinical social workers, family and sexuality therapists, chemical health specialists, and medical personnel. Referrals are accepted from social service, corrections, probation, and mental health professionals. The academy is Title IV-E eligible and licensed by the state of Minnesota as a juvenile treatment center for youth. Adolescent Male Program: for delinquent and sexually aggressive males ages 16-18 and those **included in Minnesota's Extended Juvenile Jurisdiction category. This program includes youth** who have histories of failure with other methods of intervention. Phases include increased responsibility, learning self-respect, and respect for others. Early Adolescent Program: for males ages 13 through 15 who have committed sexual offenses or who have engaged in harmful sexual behaviors. Geared to the developmental needs of the early adolescent males who have histories of failure with other methods of intervention and those who need a highly structured and well-supervised residential program. Residents learn and practice new and more appropriate behaviors. The psychological and emotional needs of each resident are assessed in order to develop programming that meets specific, individualized needs. A combination of psychology, sexuality therapy, family therapy, and chemical health treatment facilitate this process. Young Boys Program: for boys ages 10 through 12 who are sexually reactive or have engaged in harmful sexual behaviors. Residents acknowledge the emotional and physical abuse they have suffered, and the abuse they may have caused, by providing affirming relationships with counselors and therapists. Programming in psychology, sexuality therapy, family therapy, and chemical health is combined to increase responsibility, learn self-respect, respect for others and to reduce risk to public safety.

COST:

(Not provided.)

PROJECT PATHFINDER, INC.

ADDRESS: 1821 University Avenue - N385
St. Paul, MN 55104

PHONE: (651) 644-8515

FAX: (651) 644-3451

CONTACT: Janis Bremer, Ph.D., Clinical Director
Adolescent Services
(651) 644-8515

Jacque Haas, Intake
(651) 644-8515

PROGRAM DESCRIPTION:

The agency provides evaluation and treatment services for adolescent sex offenders on an outpatient basis. Evaluation includes clinical interviews, psychological testing, review of court records, and phallometric assessment or polygraph when clinically appropriate. Treatment is conducted through the use of group, individual, and family therapy. Group therapy is two hours per week; individual and conjoint sessions two times per month. Aftercare is provided following successful completion of treatment. Services are also provided for following successful completion of treatment. Services are also provided for family members and partners. In addition, an educational session for those who are in the position of supervising visitation between adults and children. Services for adolescents include psychosexual evaluation, psychoeducation groups (six sessions) and treatment programs. Evaluation includes clinical interviews with the adolescent and parents, psychological/intellectual testing and review of court records. Group locations are offered in St. Paul, Eagan, and Shakopee. Services are provided by Master of Arts level trained clinicians who are licensed or license eligible in the state of Minnesota. Therapy groups are co-facilitated with two therapists.

COST:

For adolescent services, funding can be through private insurance, self-pay, or County Human Services contracts. 1999 Fees: Adolescent Programs: Group and individual therapy: \$560/month.

Individual therapy - \$85/hour.

Group therapy - \$50/hour.

RANGE MENTAL HEALTH CENTER, INC.

ADDRESS: 624 South 13th Ave.
P.O. BOX 1188
Virginia, MN 55792

PHONE: (218) 749-2881

FAX: (218) 749-3806

CONTACT: Tom Lundquist, Adult
Barb Thorne, Juvenile

PROGRAM DESCRIPTION:

Sexual Abuse Treatment Program: This program offers comprehensive services to both victims and perpetrators of sexual abuse. Current services include:

- 1) Individual therapy for both adult and child victims;
- 2) Court ordered assessments for adult and adolescent male and female perpetrators;
- 3) Group therapy for adult and adolescent male perpetrators;
- 4) Individual therapy for female perpetrators; and
- 5) Individual therapy for abuse reactive children. In addition, couples and family therapy are included as a part of the treatment process when appropriate.

COST:

Insurance, self-pay, or medical assistance.

There is no sliding fee scale.

ADULT Sex Offender Probation Supervision Programs

DAKOTA COUNTY COMMUNITY CORRECTIONS

ADDRESS:	Western Service Center 14955 Galaxie Ave. Apple Valley, MN 55124	Judicial Center 1560 W. Highway 55 Hastings, MN 55033	Northern Service Center 1 Mendota Rd. W. West St. Paul, MN 55118
PHONE:	(952) 891-7200	(651) 438-8288	(651) 554-6060
FAX:	(952) 891-7282	(651) 438-8340	(651) 554-6070
CONTACT:	Phyllis Grubb, Supervisor (651) 554-6084		

PROGRAM DESCRIPTIONS:

Case Management Groups: All offenders supervised in Dakota County, who are convicted of a sex offense or sex related offense, are initially supervised in a sex offender case management group. If an offender is court ordered, or required as part of their Supervise Release, to complete a sex offender treatment program, they are placed into a biweekly group.. Each group has 10-12 clients and meets for 1.5 hours. The groups are co-facilitated by two probation officers

The purpose of the group is threefold:

Supervision modality;

Education,

Support for daily problem solving issues; and

Treatment readiness.

Offenders who are not ordered into a sex offender treatment program are placed into a Cog group or seen individually.

Monthly Supervision Groups: All offenders who are supervised in Dakota County and are actively involved in sex offender treatment and/or have completed treatment but are in need of a supportive structure, are supervised in a monthly group setting until completion of the sex offender treatment program. The groups are facilitated by a probation officer. The groups serves as probation contact, day-to-day problem solving and support.

Quarterly Supervision Groups: All offenders who have successfully completed sex offender treatment are supervised on a quarterly basis . These groups are facilitated by the Probation Officer. The group serves as probation contact, support and maintenance care. The offenders are in the group until expiration of sentence or discharge from probation.

COST:

There is no charge to the - offender for these groups.

HENNEPIN COUNTY COMMUNITY CORRECTIONS

ADDRESS: DOCCR Adult Field Services
Government Center; 300 So. 6th St., A-800
Minneapolis, MN 55487

PHONE: (612)-348-4254

FAX: (612)-348-4039

CONTACT: Hana O'Neill, Sex Offender Supervisor
(612) 348-4287

PROGRAM DESCRIPTION:

The Sex Offender Unit in Hennepin County has been in existence since 1997. This specialized unit consists of (1) Corrections Unit Supervisor, and (12) Probation/Supervised Release Officers. (7.5) Probation Officers do both investigation and supervision functions with felony probation cases only. Presumptive commits and/or plea negotiation for prison are done by the general investigation unit in Adult Field Services. (3) Supervised Release Officers provide supervision and when necessary investigations on supervised release cases. They supervise the majority of the level three offenders in Hennepin County. (1) Probation Officer provides supervision to the sex offender special services caseload. This caseload consists of offenders who have completed all probation conditions, group supervision as described below, and is at a minimum supervision or administrative level. The other (.5) Probation Officer is a certified polygrapher.

The philosophical basis of the unit is that continuity of Officer from investigation through supervision, including static 99 and stable risk assessments, coupled with a case plan, provides the best mechanism for addressing the criminogenic factors of the sex offender; allowing the development of a varied multi-faceted approach to supervising offenders based on the best practices model.

The Sex Offender Unit is part of a much larger team that includes collaboration with Judges, county attorneys, defense attorneys, victim and victim advocates, therapists / treatment providers, and the offender and his or her family. Two special components of the Unit are described.

Chaperone Program

The Chaperone Program trains family and other concerned members within the offenders' support circle to supervise visitation between sex offenders and individuals the court has deemed to be vulnerable. Participation in this program has increased citizens' understanding of the criminal justice system. It also helped families and friends offer support to the offenders which, in turn, strengthened the offenders' relapse prevention plans. In short, the purpose of the chaperone program is:

1. To educate and empower chaperones so that they may provide a healthy, safe, and supportive environment for victim or potential victims during supervised contact.
2. Support the offender in the utilization of his relapse prevention plan.
3. Provide an extra level of accountability and surveillance of the offender.

Group Supervision

Supervision groups are facilitated by a single Officer or co-facilitated by two Officers. These groups are NOT treatment groups. The minimum criteria to be moved to Group Supervision are; an offender must have successfully completed primary treatment, have a workable relapse prevention plan, if recommended be attending aftercare, be crime free for at least a year, and all other conditions of probation, except restitution must be completed. The average length of time in group supervision is 24 months. Group size is 6-10 in each group.

The group supervision model has minimally three goals:

1. To provide probation supervision to a larger number of defendants
2. To provide a support group for implementation of the re-offense prevention plan, and
3. To be utilized as a system for degrading the number of contacts between defendant and Probation officer.

The Hennepin County Department of Community Corrections envisions a safe environment where children and adults are responsible, law-abiding, and add value to our community; and communities demonstrate the capacity for reconciliation, encouragement, and the full incorporation of our people. (Hennepin County Community Corrections – Mission Statement).

NORTHEAST REGIONAL CORRECTIONS CENTER (NERCC)

ADDRESS: 6102 Abrahamson Road
Saginaw, MN 55779

PHONE: (218) 729-8673

FAX: (218) 729-3447

CONTACT: Jim Reinke, Corrections Agent

PROGRAM DESCRIPTION:

The NERCC Sex Offense Program is one element of the incarceration/program continuum of services housed at the corrections center under the umbrella of Arrowhead Regional Corrections, which provides service to the five contracting counties: Carlton, Cook, Koochiching, Lake, and St. Louis.

The participants in the program have been court ordered into the SOP as a condition of probation. The population served is adult male or juvenile males certified as adults. Entering NERCC becomes an opportunity for taking initial steps in the change process. NERCC utilizes evidence based practices to facilitate that growth.

The SOP uses two intervention models in working with the clients: relapse prevention and cognitive self change. An initial information (orientation) component and the Thinking for a Change curriculum introduce the men to the structure of the treatment process (two afternoon meetings of three hours lasting up to eight weeks). The therapeutic group alternates between work with the relapse prevention process and cognitive self change formats. This group meets three times per week for an hour and a half each. During these sessions the offenders process assignments that foster accountability, self-awareness, and intervention skills. For all residents there is some form of aftercare or continued primary treatment in the community.

COST:

The program costs are paid by the participating counties. For the last several years all participants have come from this jurisdiction.

RAMSEY COUNTY COMMUNITY CORRECTIONS

ADDRESS: Adult Courts Division
Spruce Tree Center - Suite 410
1600 University Avenue
St. Paul, MN 55104

PHONE: (651) 266-3051

FAX: (651) 266-7655

CONTACT: Amy Chavez, Supervisor (651) 266-7666
Tom Thompson, (651) 266-7667

PROGRAM DESCRIPTION:

Ramsey County Community Corrections Adult Division opened Spruce Tree West (STW) as a sixth neighborhood branch office on 2/8/99. It is specifically charged with providing supervision to offenders on supervised release/conditional release or probation for predatory/sex offenses or offenders who are on such supervision for another offense, but are required to register as a predatory offender due to a previous conviction. As of 1/1/2000, STW supervised 508 offenders with 599 active cases. Another 20 clients were pending pre-release investigation or transfer investigation. STW utilizes a containment model of supervision and attempts to provide the most supervision to the highest-risk clients. Currently, three agents supervise @ 35 clients each (supervised at surveillance or high levels); three agents supervise @ 65 clients each (supervised at high or medium levels); and two agents supervise the remaining clients (currently 208) (supervised at medium, low, administrative, and warrant levels). A surveillance officer also is responsible for address and employment verification and random drug and alcohol testing in the community. Almost all new misdemeanor/gross misdemeanor clients are assigned at this lowest level of supervision. Compliance with release/probation conditions, progress in meeting case plan requirements, and treatment compliance are all critical to movement from high to reduced levels of supervision.

Collaborations:

- BCA & Police/Sheriffs' Departments: Compliance with registration exceeds 95% on active clients. Concentration of services has resulted in improved consultation on unsolved, reported incidents.
- Child protection: Untreated sex offenders may not have access to minor children. Close collaboration with RCCHSD insures child safety.
- MI & MR case management services for mentally ill & mentally retarded offenders (8-10%) provides additional supervision and access to services.
- Treatment providers: Participant in joint assessment & intervention effort designed to improve targeting treatment and supervision services. Also collaborating in examining/developing dynamic risk factors relevant to increased risk of new sex offenses.
- Periodic polygraph examinations with certified polygraph examiners as part of assessment and/or supervision to ensure honesty and conditions compliance.

Sex offender treatment is a critical component of the supervision strategies at STW. Sex offender treatment actively supports community supervision by:

- Providing an average of six additional contacts per month (four group and two individual);
- Providing an additional set of professionals observing and reporting on the offender;
- Requiring offenders to be employed by requiring offenders to pay part of treatment costs (minimum contribution for outpatient treatment is \$ 720/per year; average is @ \$1,800/per year).
- Involving significant others in the treatment process, educating them to monitor the offender's behavior and victim access.

Weekly and Bi-weekly Case Management Groups: Higher-risk men who are actively involved in sex offender treatment, have completed treatment, or have not been required to attend sex offender treatment but are in need of a supportive or educational structure, are supervised in group setting. In addition to attending groups, intensive surveillance and traditional supervision is also used. The groups are facilitated by probation officers. The group serves as probation contact, day-to-day problem solving, support, and education.

Monthly Supervision Groups: Men who are actively involved in sex offender treatment, have completed treatment, or have not been required to attend sex offender treatment but are in need of a supportive or educational structure, are supervised in a monthly group setting until placed on a lower level of supervision.. The groups are facilitated by probation officers. The group serves as probation contact, day-today problem solving and support, and education.

Quarterly Supervision Groups: Men who have successfully completed sex offender treatment may be supervised on a quarterly basis in a group setting. These groups are co-facilitated by probation officers. The group serves as probation contact, support and maintenance care. The men are in the group until expiration of sentence, transfer to a lower or more intense level of supervision, or discharge from probation or supervised release.

COST:

There is no charge to the client for participation in these groups, however a one time \$300 supervision fee applies to all adults supervised in this unit.

TODD-WADENA COMMUNITY CORRECTIONS COMPREHENSIVE SEX OFFENDER TREATMENT PROGRAM

ADDRESS: Todd-Wadena Community Corrections
239 Central Avenue
Long Prairie, MN 56347

PHONE: (320) 732-6165

FAX: (320) 732-6197

CONTACT: Bob Tepfer, Director

PROGRAM DESCRIPTION:

Since December, 1994, a collaboration between County Corrections Agents and CORE Therapists has provided comprehensive therapy and probation supervision of sex offenders. Therapy groups have a maximum of 10 clients, with no limit to the number under supervision/continuing care groups. All clients convicted of a sex offense or a sex-related offense are eligible.

Therapy groups meet weekly for two hours. Additional individual, couple and family sessions are scheduled as appropriate for each individual. Individuals participate in therapy until therapy is satisfactorily completed. After completing primary therapy, individuals complete one year of aftercare therapy, meeting twice per month for the first six months and once per month for the next six months. The sexuality/healthy relationships class meets for twenty weeks. Individual on supervision status (those who have completed therapy and aftercare) attend the supervision group monthly and then quarterly for the duration of their probation. Monthly meetings, called interagency meetings, are held to discuss the progress of offenders in therapy with the involved parties, including social services, family counseling agencies, representatives of the police department, and chemical dependency counselors, to exchange information and to ensure all parties are aware of the expectations of offenders in therapy.

We have developed a class for offenders and a class for their spouses to assist them in understanding the dynamics of healthy relationships and to encourage healthy expectations from both partners. Therapy groups progress through our outlined treatment format. Individuals are evaluated on their progress by rating sixteen treatment indicators quarterly. The supervision group reviews their safety plans, relapse prevention training, healthy relationship dynamics, and life issues.

COST:

The program is primarily funded by a grant from the Minnesota Department of Corrections. Adults participating in therapy pay \$10/week for the cost of their therapy. (Out-of-county offenders pay \$25/week.) Offenders are charged \$15 for the therapy workbook. There is no cost for the other groups. Juveniles are not required to pay for services.

WASHINGTON COUNTY COMMUNITY CORRECTIONS

ADDRESS: 14949 62nd St. N., Box 6
Stillwater, MN 55082

PHONE: (651) 430-6900

FAX: (651) 430-6999

CONTACT: Tracy D. Jenson, Supervisor (651) 430-6778

PROGRAM DESCRIPTION:

The Washington County Sex Offender Unit was established in November 2001. This specialized unit consists of (3) full-time Probation Officers and (1) Supervisor. Probation Officers supervise all offenders that are convicted of a sex offense, failure to register offenses and any offense that is ordered to complete sexual offender treatment. The unit supervises probationers and offenders on supervised release. The unit completes Pre-Sentence Investigations on all sex offenses and failure to register cases, which they then supervise if the offender lives in county or **transfer supervision to the offender's county of residence. To assess risk, Probation Officers use** sex offender specific risk assessment tools, i.e. Static-99 or the Stable 2007. Probation Officers spend time in the community monitoring offender behavior, potential victim contact, meeting with family members, collaborating with local law enforcement, the Bureau of Criminal Apprehension and several different treatment providers. The unit emphasizes attention to victim needs and restoration, i.e. victim impact statements, restitution collection and referrals to victim services. Probation Officers meet quarterly with treatment providers and work in collaboration with these treatment providers to address the needs of each individual offender. Polygraph testing is utilized outside of the treatment setting by Probation Officers to monitor compliance with probation and/or supervised release conditions.

GROUP SUPERVISION:

The Washington County Sex Offender Unit provides monthly supervision groups and quarterly supervision groups, which are co-facilitated by (2) Probation Officers. These are NOT treatment groups, rather supervision groups for offenders who are assessed as lower risk to re-offend, have completed sexual offender treatment and aftercare and who have a relapse prevention plan. Offenders attend monthly supervision group for a minimum of 18 months, at which time they may be eligible for quarterly supervision group for the remainder of their probationary/supervised release term. In order to move to quarterly supervision group, all offenders who have a condition of polygraph testing, must complete a polygraph exam which shows no deception. Probation Officers also complete annual home visits on group supervision offenders.

**JUVENILE
Sex Offender
Probation
Supervision
Programs**

ANOKA COUNTY JUVENILE CENTER SEX-SPECIFIC PROGRAM

ADDRESS: 7555 B 4th Avenue
Lino Lakes, MN 55014-1097

PHONE: (651) 783-7563

FAX: (651) 783-8160

CONTACT: John Schlichtmann
(651) 783-7563

PROGRAM DESCRIPTION:

The inpatient program is designed for 14- to 18-year-old males who have been adjudicated for a criminal sexual conduct offense, and are not appropriate for a non-secure or outpatient setting. The length of stay is nine to 18 months. Licensed psychologists provide individual, family, and group therapy. Sexspecific groups last four hours per week and are facilitated by the treatment coordinator and therapist. Assignments address full ownership of crime, victim empathy, offense cycles, subject=s own victimization, and healthy sexual expression. Psycho-educational groups are facilitated by the treatment coordinator. Individual sessions are with a therapist.

A positive peer focus holds each individual accountable for each others= behavior, bases rewards and consequences on the behavior of group members, and bases all behavior on values of Acares, Ahonesty, and Arespect. Individual rooms are provided. Clients attend a highly structured, six-hour school day, year round, and focus on academic and behavior improvement. Special education and evaluations are available. Students receive individualized and small-group instruction in language arts, math, social studies, science, health, physical education, and art.

Staffings are scheduled the first month and then every three months. Progress reviews are offered in the areas of sexual behavior, power, intimacy, feeling identification and expression, family, boundaries and problem resolution, and commitment to therapy. Progress is evaluated by therapist, treatment coordinator, primary counselor, youth, and group members.

COST:

Per diem is \$119.

NORTHEAST REGIONAL CORRECTIONS CENTER (NERCC)

ADDRESS: 6102 Abrahamson Road
Saginaw, MN 55779

PHONE: (218) 729-8673

FAX: (218) 729-3447

CONTACT: Mike Skorude, Psychologist
Jim Reinke, Corrections Agent

PROGRAM DESCRIPTION:

The NERCC Sex Offender Program is a program modality that is one element of the incarceration/program continuum of services housed at the corrections center under the umbrella of Arrowhead Regional Corrections (ARC) which provides service to the five (5) contracting counties: Carlton, Cook Koochiching, Lake and St. Louis. The participants in the program have been court ordered to participate in the program as a condition of probation from one of the contracting counties.

The population served is adult male or juvenile males adjudicated into adult court and sentenced to adult probation. As part of the probation, the offender has agreed to enter the program-centered facility where the initial steps of the life-change process will be provided. NERCC uses a step process which emphasizes a constant effort to build toward the next program goal.

The initial phase, Orientation, lasts four to eight weeks. It is comprised of group sessions two afternoons per week for two hours and three, three-hour afternoon sessions, used for the completion of assignment work. The second phase, Therapeutic Group, is held four times per week. During these sessions the offender processes assignments that foster accountability for the offending behavior as well as empathy for the victim(s). This work culminates in the development of a Relapse Prevention Plan.

Group size is determined by the number of men who are court-ordered into the program. Upon completion of the sentence, the NERCC offender is referred to outpatient treatment.

COST:

The cost of the program is integrated into the per diem placement cost for the facility and is paid by the referring county under their contract with ARC.

TODD-WADENA COMMUNITY CORRECTIONS COMPREHENSIVE SEX OFFENDER TREATMENT PROGRAM

ADDRESS: Todd-Wadena Community Corrections
239 Central Avenue
Long Prairie, MN 56347

PHONE: (320) 732-6165

FAX: (320) 732-6197

CONTACT: Bob Tepfer, Director

PROGRAM DESCRIPTION:

Since December, 1994, a collaboration between County Corrections Agents and CORE Therapists has provided comprehensive therapy and probation supervision of sex offenders. Therapy groups have a maximum of 10 clients, with no limit to the number under supervision/continuing care groups. All clients convicted of a sex offense or a sex-related offense are eligible.

Therapy groups meet weekly for two hours. Additional individual, couple and family sessions are scheduled as appropriate for each individual. Individuals participate in therapy until therapy is satisfactorily completed. After completing primary therapy, individuals complete one year of aftercare therapy, meeting twice per month for the first six months and once per month for the next six months. The sexuality/healthy relationships class meets for twenty weeks. Individual on supervision status (those who have completed therapy and aftercare) attend the supervision group monthly and then quarterly for the duration of their probation. Monthly meetings, called interagency meetings, are held to discuss the progress of offenders in therapy with the involved parties, including social services, family counseling agencies, representatives of the police department, and chemical dependency counselors, to exchange information and to ensure all parties are aware of the expectations of offenders in therapy.

We have developed a class for offenders and a class for their spouses to assist them in understanding the dynamics of healthy relationships and to encourage healthy expectations from both partners. Therapy groups progress through our outlined treatment format. Individuals are evaluated on their progress by rating sixteen treatment indicators quarterly. The supervision group reviews their safety plans, relapse prevention training, healthy relationship dynamics, and life issues.

COST: The program is primarily funded by a grant from the Minnesota Department of Corrections. Adults participating in therapy pay \$10/week for the cost of their therapy. (Out-of-county offenders pay \$25/week.) Offenders are charged \$15 for the therapy workbook. There is no cost for the other groups. Juveniles are not required to pay for services.

POLYGRAPH EXAMINERS PSYCHOPHYSIOLOGICAL ASSESSMENT OF DECEPTION

Danial Ahlquist
Bemidji, MN
218-556 7364 (c)
Email: ahlquist@paulbunyan.net

Robert berg
209 S. 2nd St Suite 405
Mankato, MN 56001
507-995 0281

Michael Delbow
Assured Polygraph
612- 501 0031
Email: mdelbow@bevcomm.net

Harry Halden
8233 Indian Blvd. Court So.
Cottage Grove, MN 55106
651-261 0585 (c)

David E. Knefelkamp
Forensic Polygraphist
P.O. Box 151
Stillwater, MN 55082
612- 859 7848 (c)

Smith Polygraph Services
Michael P. Smith
P.O. Box 513
Faribault, MN 55021
651-775-6344
Email: msmith735@charter.net

Steven M. Crow
Diversified Polygraph Services Inc.
10135 Karston Court NE
Albertville, MN 55301-4610
(763) 202-3038

Mike Sommer, M.A.
Forensic Polygraph, Inc.
P.O. Box 251453
St. Paul, MN 55125
612-670 4032 (c)
Email: fpinces5@msn.com

Mary Stahl-Swanson
651-303 9926 (c)
Email: mstahlswanson@comcast.net

Mike Wold
St. Paul, MN
612-518 1527 (c)
Email: woldpolygraph@comcast.net

Barry Woodgate
Barry Woodgate & Associates, Inc.
P.O.Box 385335
Bloomington, MN 55438
952-941 5495

Email: Diversifiedpolygraphservices@gmail.com

PLETHYSMOGRAPH LABORATORIES PSYCHOPHYSIOLOGICAL ASSESSMENT OF SEXUAL AROUSAL PATTERNS

Alpha Human Services, Inc.

2712 Fremont Avenue South
Minneapolis, MN 55408
Contact: Doug Williams
(612) 873-3707

Project Pathfinder

1821 University Avenue, N385
St. Paul, MN 55104
Contact: Melissa Hegland-Smith
(651) 644-8515
P.O. Box 151
Stillwater, MN 55082
(651) 235-3705

LINKS & RESOURCES

[Directory of Crime Victim Service Programs in Minnesota](#) is a listing of government and non-profit organizations that serve crime victims. It is not intended to be an exhaustive list of all victim service programs in the state. Organizations listed receive funding from a variety of sources and may or may not receive funding from the Office of Justice Programs (OJP), Crime Victim Services. Inclusion of an organization in the directory does not imply that OJP endorses its programs or policies while exclusion does not imply that OJP disapproves of its programs or policies.

STATE OF MINNESOTA

County Probation

Information and Contacts for Transfer Requests

(10/08/09)

**Please contact Jan at 507-537-6918 x 112
for any corrections or changes or fax
changes to 507-537-7111. If you
received this packet by mail and would
prefer this listing be distributed by e-mail,
please send e-mail to:**

•••••
• **E-MAIL ADDRESSES:** The Department of Corrections will accept Transfer
• Investigation Requests via e-mail directed to the District Supervisor (their e-mail
• addresses are included within this packet with the DOC District information). The
• following are required attachments for the e-mail: 1. Transfer Investigation
• Request; 2. Probation Agreement; 3. YLS or LSI scoresheet; and 4. The most
• recent investigation completed, i.e., Pre-Sentence Investigation, Pre-Dispositional
• Report or Face Sheet. Upon acceptance, the remainder of the file can be forwarded
•••••